

英語のための「筋肉トレーニング」

- “Speaking”ができないと、“Listening”はできない
 - 「喋れない言葉」は聞こえない
 - 「喋れる言葉」は「音が消えていても」聞こえるようになる
- “Speaking”は体育会系
 - Shadowing [総合トレーニング]
 - Tongue-twisters [英語のための筋肉トレーニング]



Tongue-twister

- A **tongue-twister** is a phrase in any [language](#) that is designed to be difficult to articulate properly. Tongue-twisters rely on similar but distinct [phonemes](#) (e.g., *s* and *sh*).
- Many tongue-twisters use a combination of [alliteration](#) and [rhyme](#). They have two or three sequences of sounds, then the same sequences of sounds with some sounds exchanged. For example, *She sells sea shells on a sea shore, so the shells she sells are sure sea shore shells.*

Tongue-twister: 早口言葉

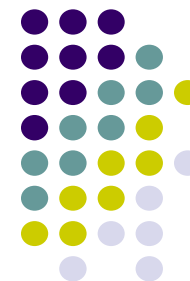
rhyme: 同じ母音で韻を踏むこと

Articulate: はっきり発音された/理路整然とした

inadvertent: 正しくない/不注意な

Phoneme: 音素

Alliteration: 同じ子音で韻を踏むこと



Resources

- Practice :
 - http://www.manythings.org/pp/she_sells_seashells.html
 - <http://international.ouc.bc.ca/pronunciation/>
- Tongue Twisters from A to N :
 - <http://www.19.5degs.com/element/19159.php#tongue-twisters-from-a-to-n>
- Tongue Twisters from O to Z :
 - <http://www.19.5degs.com/element/19179.php#tongue-twisters-from-o-to-z>
- Definition:
 - <http://en.wikipedia.org/wiki/Tongue-twisters>